

Analisis Univariat

Distribusi karakteristik responden menurut umur

umur

N	Valid	15
	Missing	0
Mean		55.53
Median		55.00
Mode		50 ^a
Std. Deviation		4.868
Minimum		49
Maximum		64
Sum		833

Umur

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	49	1	6.7	6.7	6.7
	50	2	13.3	13.3	20.0
	51	1	6.7	6.7	26.7
	52	2	13.3	13.3	40.0
	54	1	6.7	6.7	46.7
	55	1	6.7	6.7	53.3
	57	1	6.7	6.7	60.0
	58	1	6.7	6.7	66.7
	59	2	13.3	13.3	80.0
	60	1	6.7	6.7	86.7
	63	1	6.7	6.7	93.3
	64	1	6.7	6.7	100.0
	Total	15	100.0	100.0	

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
umur	15	100.0%	0	.0%	15	100.0%

Descriptives

		Statistic	Std. Error
umur	Mean	55.53	1.257
	95% Confidence Interval for Mean		
	Lower Bound	52.84	
	Upper Bound	58.23	
	5% Trimmed Mean	55.43	
	Median	55.00	
	Variance	23.695	
	Std. Deviation	4.868	
	Minimum	49	
	Maximum	64	
	Range	15	
	Interquartile Range	8	
	Skewness	.294	.580
	Kurtosis	-1.144	1.121

Distribusi tingkat stres sebelum diberikan DSME

Stres_pre

N	Valid	15
	Missing	0
Mean		2.07
Median		2.00
Std. Deviation		.594
Variance		.352
Minimum		1
Maximum		3

Stres_pre

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 1	2	13.3	13.3	13.3
2	10	66.7	66.7	80.0
3	3	20.0	20.0	100.0
Total	15	100.0	100.0	

Distribusi tingkat stres sesudah diberikan DSME

Statistics

Stres_post

N	Valid	15
	Missing	0
Mean		1.20
Median		1.00
Std. Deviation		.414
Variance		.171
Minimum		1
Maximum		2

Stres_post

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 1	12	80.0	80.0	80.0
2	3	20.0	20.0	100.0
Total	15	100.0	100.0	

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
stres_pre	15	100.0%	0	.0%	15	100.0%
stres_post	15	100.0%	0	.0%	15	100.0%

Descriptives

		Statistic	Std. Error
stres_pre	Mean	2.07	.153
	95% Confidence Interval for Mean	Lower Bound	1.74
		Upper Bound	2.40
	5% Trimmed Mean	2.07	
	Median	2.00	
	Variance	.352	
	Std. Deviation	.594	
	Minimum	1	
	Maximum	3	
	Range	2	
	Interquartile Range	0	
	Skewness	.004	.580
	Kurtosis	.537	1.121

stres_post	Mean		1.20	.107
	95% Confidence Interval for	Lower Bound	.97	
	Mean	Upper Bound	1.43	
	5% Trimmed Mean		1.17	
	Median		1.00	
	Variance		.171	
	Std. Deviation		.414	
	Minimum		1	
	Maximum		2	
	Range		1	
	Interquartile Range		0	
	Skewness		1.672	.580
	Kurtosis		.897	1.121

Analisis Bivariat

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
stres_pre	.345	15	.000	.763	15	.001
stres_post	.485	15	.000	.499	15	.000

Wilcoxon Signed Ranks Test

Ranks

		N	Mean Rank	Sum of Ranks
stres_post - stres_pre	Negative Ranks	12 ^a	6.50	78.00
	Positive Ranks	0 ^b	.00	.00
	Ties	3 ^c		
	Total	15		

Test Statistics^b

	stres_post - stres_pre
Z	-3.357 ^a
Asymp. Sig. (2-tailed)	.001

a. Based on positive ranks.

b. Wilcoxon Signed Ranks Test