

## **FAKTOR – FAKTOR YANG BERHUBUNGAN DENGAN KEAKTIFAN IBU MENIMBANG BALITA DI WILAYAH KERJA PUSKESMAS ALALAK SELATAN BANJARMASIN**

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### **ABSTRAK**

NOVINA RAHMI. Faktor–Faktor yang Berhubungan dengan Keaktifan Ibu Menimbang Balita di Wilayah Kerja Puskesmas Alalak Selatan Banjarmasin. Dibimbing oleh DEWI PUSPARANI SINAMBELA dan LISDA HANDAYANI.

**Latar Belakang :** Pada tahun 2007 sampai dengan tahun 2013 penimbangan balita di Indonesia mengalami kenaikan dan penurunan, yakni tahun 2007 frekuensi penimbangan balita secara rutin sebanyak 45,4%, tahun 2010 mengalami kenaikan yaitu menjadi 49,4%, dan tahun 2013 mengalami penurunan yaitu menjadi 44,6%, sedangkan di Kalimantan selatan tahun 2013 sebanyak 29,5%, dan di Banjarmasin sebanyak 17,5%.

**Tujuan :** Mengetahui Faktor – Faktor yang Berhubungan dengan Keaktifan Ibu Menimbang Balita di Wilayah Kerja Puskesmas Alalak Selatan Banjarmasin

**Metode :** Desain penelitian adalah analitik dengan rancangan *cross sectional*, teknik pengambilan sampel dengan *accidental sampling* dengan jumlah sampel sebanyak 72 ibu yang memiliki balita, dan pengumpulan data menggunakan kuesioner, dianalisis dengan uji korelasi *Chi-Square*.

**Hasil :** Berdasarkan hasil didapatkan ibu yang aktif menimbang balitanya adalah berumur 20-35 tahun sebanyak 31 orang (43,06%), berpendidikan menengah (SMP, SMA) sebanyak 32 orang (44,44%), ibu balita yang tidak bekerja (IRT) sebanyak 39 orang (54,17%), paritas multipara sebanyak 39 orang (54,17%), berpengetahuan cukup sebanyak 37 orang (51,39%), balita yang berumur 12-35 bulan sebanyak 37 orang (51,39%). Faktor yang memiliki hubungan dengan keaktifan ibu menimbang balita adalah umur ibu, pekerjaan, dan pengetahuan.

**Simpulan :** Berdasarkan hasil penelitian yang didapatkan bahwa ada hubungan yang bermakna antara umur, pekerjaan, dan pengetahuan ( $p < 0,05$ ) dengan keaktifan ibu menimbang balita.

**Kata Kunci :** Umur, Pendidikan, Pekerjaan, Paritas, Pengetahuan, Umur Balita, Keaktifan ibu menimbang balita, Posyandu.

## FACTORS THAT RELATED TO LIVELINESS OF MOTHERS TO HAVE HER TODDLER SCALED AT WORKING AREA OF ALALAK SELATAN PUBLIC HEALTH CENTER BANJARMASIN

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### ABSTRACT

NOVINA RAHMI. Factors that related to liveliness of Mothers to have her toddlers scaled at working area of Alalak Selatan Public Health Center Banjarmasin. Supervised by DEWI PUSPARANI SINAMBELA and LISDA HANDAYANI.

**Background :** In 2007 to 2003, the mothers who have her toddler scaled in the health center is always up and down. In 2007 there was 45,5%. in 2010 was 49,4% and in 2010 was down to 44,6%, while in South Kalimantan in 2013, there was 29,5%, and in Banjarmasin was 17,5%.

**Objective :** In order to know the Factors that related to liveliness of Mothers to have her toddlers scaled at working area of Alalak Selatan Public Health Center Banjarmasin.

**Method :** The research design was analytical with cross sectional design, sampling technique with accidental sampling by sampling using the 72 sample of the mothers who has toddlers, and data collection using questionnaire, analyzed by Chi-Square correlation test.

**Result :** Based on the results obtained, the mothers was actively scale her toddler were aged 20-35 years as many as 31 people (43.06%), high school educated (SMP, SMA) as many as 32 people (44.44%), mothers have toddler who don't work as many as 39 people (54.17%), multiparous parity are 39 people (54.17%), knowledgeable enough 37 people (51.39%), children aged 12-35 months as many as 37 people (51.39%). Factors that related to liveliness of Mother to scale her toddler are age, occupation an knowledge.

**Conclusion :** Based on the results of the research found that there are significant relationship between age, occupation, knowledge ( $p < 0,05$ ) and the liveliness of mother who have her toddlers scaled.

**Keywords :** Age, Education, Occupation, Parity, Knowledge, Age of Toddler, Liveliness of mother who have her toddlers scaled, Posyandu.