

ABSTRAK

EVALUASI BEBAN KERJA PERAWAT DI RUMAH SAKIT SARI MULIA BANJARMASIN

Novia Lestari¹, Husin², HariadiWidodo³

Latar Belakang

:RumahSakitdalammenjalankanfungsinyadiharapkanmemperhatikanfungsisosialdalammemberikanpelayanankehatanpadamasyarakat. Sumberdayamanusia yang ada di rumahsakit yang paling dominanberperanadalahperawat.KeperawatanmerupakansuatuProfesi yang sangatpentingdanmenentukandalampemberianpelayanankehatan.Pelayanann keperawatan yang bermutudapatdicapaisalahsatuyatergantunghadaseimbangnyaaantarajumlahtenagadandanbebankerjaperawat di suaturumahsakit.Bebankerja yang tinggi yang dapatmengakibatkanturunnyakualitaskinerjapelayanankeperawatan.

Tujuan Penelitian :Mengetahuievaluasi bebankerjaperawatdi RumahSakit Sari Mulia Banjarmasin.

Metodelogi: Jenispenelitiandeskriptif, denganmenggunkaanpendekatan*cross sectional (survey)*, Penelitiandilaksanakan di Rumah Sakit Sari Mulia Banjarmasin padabulanAgustus tahun 2013, Populasi yang ditelitiadalahperawatsejumlah 53 orang. Tehnikpengambilansampel yang digunakanadalah*Random Sampling*.Instrument padapenelitianiniadalahcek list lembarobservasi.

Hasil :Perawat yang bekerjadenganbebankerjaringansejumlah6%,Perawat yang bekerjadenganbebankerjasedangsejumlah 60%,Perawat yang bekerjadenganbebankerjaberatsejumlah 21%,Perawat yang bekerjadenganbebankerjasangatberatsejumlah 13%.

Simpulan :Dari hasilpenelitiandidapatkangambaranbahwapelaksanaanbebankerjaperawat di RumahSakit Sari Mulia Banjarmasin cenderung lebih banyak dengan hasil beban kerja sedang dengan persentase 60%.

Kata Kunci :Evaluasibebankerja, Perawat di RumahSakit

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ABSTRACT

EVALUATION WORK LOAD NURSES OF THE HOSPITAL SARI MULIA BANJARMASIN

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Background: the hospital in do their job expected regard to social function in providing services health to community. Human resources was in the hospital the most dominant role is a nurse. Nursing is a profession that is essential and determine in the provision of health care. Services nursing that very be attainable one of them depending on seimbangnya between the number of exertion and load work nurse in a hospital. Work load high that may result in the descent of the quality of service performance nursing.

Objective: knowing evaluation work load nurses of the hospital sari muliabanjarmasin.

Method: Descriptive, the kind of research with use the approach of cross sectional (survey), research carried out in the hospital sari muliabanjarmasin in august 2013, a population that investigated is a nurse a number of 53 people. The sample used technique is random sampling. Instrument in this research is a check list of sheets of observation.

Results: A nurse who works with a load of 6 %, a number of working light a nurse who works with a load work being a total of 60 %, a nurse who works with a load severe labor a number of 21 %, a nurse who works with the burden of working very heavy a number of 13 %.

Conclusions: From the research acquired image that the burden work nurses of the hospital sari muliabanjarmasin tending more with results burden work being rate 60 %.

Keywords: Evaluation work, a load nurses of the hospital

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